

Body Language First Date



If you really enjoy meeting people but tend to get nervous in social settings, there are a few things you can do to improve your situation. Above all, you must generate a positive attitude about it. If you think of socializing as stressful and difficult, others will sense that and be reluctant to approach you. Transmit confidence with positive body language and facial expressions. Stand up straight-don't slouch. Make brief eye contact (not a blatant stare) instead of turning away or looking at the floor. If you get nervous, encourage contact and conversation by carrying a prop such as a book or magazine or an eye-catching accessory. Such an item will give others with common interests a reason to come over and talk to you.

Nervous people tend to sag their shoulders, lock their arms tightly around their bodies, stand rigidly, and stare at the ground or dart their eyes around. Confident people have an open stance, make eye contact, and lean toward the person they're talking to. If close enough, they often show interest by lightly brushing your arm or shoulder to make a point.

Another way to be approachable, even if your heart is pounding with anxiety, is just to breathe deeply and smile. It's hard to feel negative when there's a smile on your face. The smile is a universal symbol of friendship and it draws people to you. Smile often and (as the old song says) the whole world will smile with you!

Body language can turn people away but it can also invites them to approach you. Some "do's" and

Dating or courtship is the process of choosing and attracting a mate for companionship, sex, marriage and/or sexual reproduction. It is also the pre-arranged meeting (exclusive) of two people with mutual interest in one another to communicate with and to comprehend through shared participation in social activities. According to western tradition, a date is an occasion when one socializes with a potential lover or spouse for the purpose of being deeply acquainted with each other as also to come to an understanding whether they wish to have a purposeful relationship.

Though dating was generally sponsored through friends or relatives, the Second World War diminished such opportunities to a great extent, giving rise to commercial dating agencies. Newspapers and magazine ads contributed to the cause too. However, post-Internet days have brought a sea change in



Courtship is the process of selecting and attracting a mate.

It is governed by a complex set of unwritten rules that are loosely defined as etiquette. Such rules dictate where, when, with whom and in what manner we all attract the opposite sex. We generally obey these unofficial rules by instinct but we also only become aware of the rules when someone commits a breach of them.

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Online Advertising for Dating Services



Companies offering dating services are investing increasing amounts in advertising, according to a new study, with online advertising seeing particular growth.

Research carried out by Nielsen Monitor-Plus found that such firms in the US, in particular online dating sites, spent \$127.3 million advertising online in 2006. This is up from \$88.9 million spent the previous year and the second highest area of investment for dating services. Of the 12 dating services firms advertising online, seven companies were "almost exclusively using the internet for advertising", the report found.

The top ten dating services firms accounted for 96 per cent of the total advertising spend for the industry, some \$290 million of \$302 million.



It only makes sense to advertise your Dating Site online and it's even more important if your site is new in the industry.

Coopyrite.net (pronounced co-op-e-rite.net) is an advice column to the markets you seek. We provide timely articles on subjects your markets are looking for right now and therefore this is the best opportunity to attract other dating members to your venue.

Please complete the [advert form at the website](#) and we will review your information and return a custom quote.

"don'ts".

Don'ts:

- Lack of eye contact
- Continual throat-clearing
- Covering mouth with hands
- Tugging at clothes
- Jingling things in pockets
- Fidgeting with accessories or clothes
- Hand-wringing
- Frowning or grimacing
- Stepping backward or away

Do's

- Steady eye contact
- Smiling
- Leaning toward a person
- Sitting on the edge of a chair
- Periodic hand-to-face gestures
- Moistening or licking lips
- Watching someone else's

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Though dating was generally sponsored through friends or relatives, the Second World War diminished such opportunities to a great extent, giving rise to commercial dating agencies. Newspapers and magazine ads contributed to the cause too. However, post-Internet days have brought a sea change in dating and mate-finding anonymously. Online dating services today provide unlimited dating extravaganza on the monitor without any commitment tagged to it. Ladies and men can now tap the online resources with the click of a mouse and carry on love duels without disclosing identity. Though this online intimacy can be instantly arousing, yet its pitfalls are of concern since none of the parties can ever guess an inch of the other's inner life or face read either of them. However, the world becoming more and more full of 'singles', online dating gives the opportunity to know more and more people and even find a life partner.

mouth as he talks

- Arms at sides, as opposed to crossed
- Brief physical contact (nonsexual)
- Pointing arms, legs, or feet or all of the body toward a person